



... for supporting our parish through the on-line giving program. You have enabled us to continue to pay our employees their full salaries, maintain our buildings, pay our bills and prepare for the time we can again gather as a community!

AAA 2020

We are extremely happy to report we have met our goal of \$28,868 year, provided all pledges are fulfilled. We received pledges from 77 individuals/families. **Thank you for your most generous support!!**

If you have not done so already, please check with your employer to see if they provide matching funds to your donation.

If you still wish to contribute, all excess monies received by the Archdiocese will be returned to St. Teresa's.

MASS INTENTIONS

As we celebrate Mass together we include in our prayers:

Saturday, May 2
 4:15pm † James J. Burns, Sr.
 Henry Morgan, Jr. (Spec. Int.)

Sunday, May 3
 8:30am The People of the Parish
 10:00am † John Griffin

Tuesday, May 5
 8:30am † John Griffin

Friday, May 8
 8:30am † Peter Genera

Saturday, May 9
 4:15pm † Douglas Punsalan
 Henry Morgan, Jr. (Spec. Int.)

Sunday, May 10
 8:30am The People of the Parish
 10:00am † Dory Yochum

We Welcome You To St. Teresa of Avila Catholic Church

Served by the Carmelites




MAY 3, 2020 FOURTH SUNDAY OF EASTER

**1490 19TH STREET (CHURCH)
LOCATED ON THE NE CORNER OF 19TH & CONNECTICUT STREETS**

<p>PASTOR Rev. Michael A. Greenwell, O. Carm. pastor@stteresasf.org</p> <p>PAROCHIAL VICAR Rev. Michael Kwiecien, O. Carm. mkwiecien@stteresasf.org</p> <p>PARISH SECRETARY Stephani Sheehan, stephani@stteresasf.org</p> <p>DIRECTOR OF MUSIC Laura Diaz-Flaviani, laura@stteresasf.org</p> <p>DIRECTOR OF FAITH FORMATION Anarose Schelstrate, anarose@stteresasf.org</p>	<table border="0" style="width: 100%;"> <tr> <td style="vertical-align: top; width: 50%;"> <p>SUNDAY MASSES</p> <p>Saturday Vigil 4:15 pm Sunday 8:30 & 10:00 am</p> <p>WEEKDAY MASSES</p> <p>Tuesday 8:30 am Friday 8:30 am</p> </td> <td style="vertical-align: top; width: 50%;"> <p>MARRIAGE</p> <p>Please call 6 months in advance</p> <p>BAPTISM & RECONCILIATION</p> <p>Please call for an appointment</p> </td> </tr> </table> <p>PARISH OFFICE / MAILING ADDRESS HOURS—10:00AM TO 4:30PM 390 Missouri St, San Francisco, CA 94107 Phone: 415.285.5272 Fax: 415.285.8510 E-mail: info@stteresasf.org Website: stteresasf.org</p>	<p>SUNDAY MASSES</p> <p>Saturday Vigil 4:15 pm Sunday 8:30 & 10:00 am</p> <p>WEEKDAY MASSES</p> <p>Tuesday 8:30 am Friday 8:30 am</p>	<p>MARRIAGE</p> <p>Please call 6 months in advance</p> <p>BAPTISM & RECONCILIATION</p> <p>Please call for an appointment</p>
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Welcome to St. Teresa of Avila's Parish Community

We extend our hands and hearts in Christian fellowship to you here celebrating with us. Whether long-time residents or newly arrived in our parish, we thank God that you are with us. If you are not registered or have changes to your registration, please fill in the form below, or complete the form on our website.

Name: _____ **Phone:** _____

Address: _____

City: _____ **Zip:** _____ **Email:** _____

New Parishioner New Address and/or phone Send Sunday envelopes On-Line Giving

FAITH AND COMMON SENSE—THE CATHOLIC RESPONSE TO AN EPIDEMIC

Our Sunday Visitor has made a brochure available to encourage Catholics to face epidemics with a balance of reason, prudence, and trust in God. In it, readers will find practical tips for keeping themselves and others safe, how to plan ahead, and the importance of caring for the sick and most vulnerable. They will also learn about certain precautions that bishops and pastors may take to protect the health and safety of all the faithful. The pamphlet includes a special prayer that can be used to stay close to the Lord and the Blessed Mother in prayer during an outbreak.

<https://stteresasf.org/documents/faith-common-sense>

ST. TERESA'S MISSION STATEMENT

As members of St. Teresa's Parish we fulfill our baptismal commitment by being the hands and heart of Christ in our world. We achieve this commitment by accepting the human dignity of all persons, and by advocating for and serving those oppressed in our society. The community of St. Teresa's finds its strength to fulfill this through participation in the Eucharist, prayer, learning the building of relationships, and action for Justice.



GOOD SHEPHERD SUNDAY

The window in the southeast corner of the Church depicts Christ as the Good Shepherd. A few years back, when we were restoring the stained glass windows in the Church, I wrote a column on that window. Today – the Fourth Sunday of Easter – is known as Good Shepherd Sunday, and on this day it seems most appropriate to revisit that column.

There are many images of God in the Scriptures, and perhaps the most beloved is that of the shepherd. Over the centuries Christian believers – especially in the face of persecution, war, violence, suffering, sickness and death – have found solace and comfort in Psalm 23 (“*The Lord is my shepherd, there is nothing I shall want. . .*”).

Additionally, many a Christian has identified with the lost sheep in the Gospel of Luke, a sheep so valued by the shepherd that he risks the safety of the entire flock in order to find the one who is lost. A word search of my Bible turned up 169 references to *shepherd*, so the image of God-as-shepherd just might be the most prominent image of God in the Scriptures.

In the 10th Chapter of John’s Gospel, the first twenty-one verses are devoted to the Good Shepherd. The Lectionary splits these verses over our three-year cycle, and the Fourth Sunday of Easter has come to be known as *Good Shepherd Sunday*. This year, the most pertinent passage is found in verses 3-4:

“ . . . the sheep hear his voice, as he calls his own sheep by name and leads them out. When he has driven out all his own, he walks ahead of them, and the sheep follow him, because they recognize his voice.” (Jn 10: 3b-4)

Looking at the Good Shepherd window in the southeast corner of St. Teresa’s Church, it appears that its designer took inspiration from this Johannine text. We have Christ the Good Shepherd walking ahead of the flock, the sheep following him. The artist also has the Lord carrying a lamb, which, perhaps, is an allusion to that Parable of the Lost Sheep found in the Gospel of Luke:

“What man among you having a hundred sheep and losing one of them would not leave the ninety-nine in the desert and go after the lost one until he finds it? And when he does find it, he sets it on his shoulders with great joy . . . because I have found my lost sheep.” (Lk 15:5-6)

Looking again at the window, notice that the artist has drawn on multiple sources in its design. The artist combines both images of Good Shepherd and Lost Sheep into one tableau, and makes a “theological comment” when he portrays the Lost Sheep as a lamb. Symbolically, the lamb is more helpless or vulnerable than an adult sheep, the subtle implication being that God seeks out and cares for the least fortunate and most vulnerable of his flock.

A closer look at the image reveals a rather curious anomaly. The white garment worn by the shepherd (underneath the red cloak) contains quite an elaborate embroidery on its hem. Unless I’m mistaken, the white garment in the window is an alb, an extravagant garment which might be appropriate for a cardinal or bishop but most certainly is quite out-of-place for a first-century Jewish shepherd!

The Good Shepherd window was donated by Jeremiah and Mary Daly in memory of Albert J. Larson.

Michael Kwiecien, O. Carm.

ST TERESA'S GREEN TEAM

Looking for ways to be sustainable while sheltering in place? Try to do one of these actions each day to lighten your carbon footprint.

Stock up, thoughtfully. Before you speed out to the store, check out everything you already own, notice what should be consumed soon, and write down what you really need.

Power strips to the rescue. Now that you’re working from home, consolidate your outlets and save electricity by plugging your chargers into power strips that can be switched off when you don’t need them.

Junk mail begone! The website Catalog Choice (catalogchoice.org) makes it easy to get off the mailing lists of businesses that just won’t leave you alone. It’s also a good time to switch all your monthly bills and medical statements to online only if you haven’t already.

Go for a bike ride. Most shelter-in-place orders still allow you to leave the house for exercise, and exploring local biking routes might inspire you to discover new commute options to take post COVID-19. With fewer cars on the road in most places, biking in an urban area might also be safer than normal, and the air quality better.

Spring-clean your home. Take stock of your clothes, knick-knacks, old electronics from the back of the closet and separate the useful stuff. Put the stuff you don’t want in a box for now, but take some time to research ways to sell, donate, or recycle them once the COVID-19 crisis subsides — that way they won’t end up in a landfill.

If it’s broken, fix it. Now that you’ve identified what you want to keep, make sure your stuff gets a long, full life by repairing it. The longer you can make your belongings last, the less often you’ll have to buy new ones, and the lower your carbon footprint will be.

Become a citizen scientist. If you have kids, try browsing the options on Project Noah (projectnoah.org), a citizen science platform with kid-friendly projects. Options include spotting and identifying urban wildlife (even squirrels!) and monitoring plants in your own backyard or local park.

Audit your bank. Your choice of bank can have a major climate impact — especially if that bank uses your money to fund major fossil fuel projects. For more information, check out Day 12 of Umbra’s 21 Day Apathy Detox (grist.org/guides/umbra-apaty-detox/).

Get outdoors. Appreciating the natural world while the air is cleaner and the streets are quieter can inspire you to work towards a future that looks more like that — except one in which there are people who are healthy and employed. You can visit a new urban garden, or just appreciate the birdsong outside your window. Make sure you stay six feet away from other people and keep up your hand-washing.



ON-LINE GIVING

To register for on-line giving or to make a one time gift, scan the QR code and complete the log in or scroll down to **Quick Give**.



St Teresa of Avila Church is an EPA ENERGY STAR® certified building.